

THREE PURE RIVERS

三 清 河 道

STUDIO FOR THE ARTS

90 BUTLER AVENUE - PO BOX 381 - CONYNGHAM, PA 18219
570.359.3059 - THREEPURERIVERS.COM

CLASS SCHEDULE - EFFECTIVE - NOVEMBER 1, 2019

Qigong/Taijiquan/Meditation Classes

MONDAY

Qigong - 10:00 - 11:00 **AM**

Taijiquan (Tai Chi) - 11:00 - 12:00 **PM**

Qigong/Meditation - 7:30 - 8:30 **PM**

TUESDAY

Taijiquan (Tai Chi For Arthritis) 11:00 **AM** - 12:00 **PM**

Qigong/Meditation - 6:30 - 7:30 **PM**

Qigong/Meditation - 7:30 - 8:30 **PM**

WEDNESDAY

Qigong - 10:00 - 11:00 **AM**

Taijiquan (Tai Chi) - 11:00 - 12:00 **PM**

THURSDAY

Taijiquan (Tai Chi For Arthritis) 11:00 **AM** - 12:00 **PM**

Due to my travel schedule, if you are planning on attending any of the regular classes, please call first - **570.359.3059** to ensure class is being held that day.

Cost: \$12.00 per class -- Inquire about multi-class discount.